



Quick Reference Guide

Last updated May 3, 2012 | For additional information please contact the resort directly

Four Seasons Bali at Sayan
Sayan, Ubud, Gianyar, Bali, 80571, Indonesia
Tel 62.361.977577 | Fax 62.361.977588 | Res 62.361.701010

www.fourseasons.com/sayan



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AIRPORT

- Ngurah Rai International Airport
(DPS): 75 minutes (35 kilometres/22 miles)

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One of more than 17,000 islands that make up Indonesia, enchanting Bali offers hillsides lined with stepped rice paddies, soaring volcanoes, lush forests and beaches lapped by the crystal-clear waters of the Indian Ocean. In the sacred Ayung River Valley, Four Seasons Resort Bali at Sayan offers a private sanctuary that restores inner balance and serenity.



In a world where rice terraces and cascading water gardens share the jungle with ancient shrines, eye-catching heliconias and rugged banyan trees, Four Seasons Resort Bali at Sayan balances earthly and spiritual perfections. An exotic retreat of 18 spacious suites and 42 secluded villas each with its own private plunge pool, the Resort offers eclectic dining at the valley's edge, a pampering spa, a two-level pool within earshot of the murmuring river and an intimate function space for small groups.

Just a one-hour drive away, Four Seasons Resort Bali at Jimbaran Bay broadens the options for dining and recreation. As well as far-reaching ocean views, the Resort offers an additional 198 square metres (2,131 square feet) of meeting and function space – together with various spectacular outdoor venues, ranging from terraced gardens to the

dazzling white beach.

TRANSPORTATION

The Resort is a 75 minutes (35 kilometres or 22 miles) from Ngurah Rai International Airport in Denpasar. The airport is served by a number of international airlines, including Cathay Pacific, China Airlines, Continental Micronesia, EVA Air, Garuda Indonesia, Japan Airlines, Malaysia Airlines, Qantas, Royal Brunei, Singapore Airlines and Thai International.

Services provided by the Resort

Transfers are available between Four Seasons Resort Bali at Sayan and Four Seasons Resort Bali at Jimbaran Bay. Please enquire at the Concierge; fee applies.

A complimentary shuttle to Ubud (15 minutes from the Resort) runs five times daily. Air-conditioned land cruisers and cars may be rented on an hourly or daily basis, with or without a driver. For self-drive rentals, a valid international driver's licence is required.

WEATHER CHART

Month	°C		°F	
	Highs/Lows	Highs/Lows	Highs/Lows	Highs/Lows
January	30	/ 17	86	/ 62
February	29	/ 17	84	/ 62
March	29	/ 17	84	/ 62
April	31	/ 17	88	/ 62
May	31	/ 18	88	/ 65
June	31	/ 19	88	/ 67
July	31	/ 21	88	/ 70
August	32	/ 22	90	/ 71
September	32	/ 21	90	/ 70
October	32	/ 20	90	/ 68
November	31	/ 19	88	/ 66
December	31	/ 18	88	/ 64

DESTINATION

One of more than 17,000 islands in Indonesia, Bali is beautiful almost beyond belief – offering hillsides lined with stepped rice paddies, soaring volcanoes, lush forests and beaches lapped by the warm, crystal-clear waters of the Indian Ocean. It has close to 20,000 temples and countless palaces, a legacy of the eight ancient kingdoms that once ruled the island. In Bali's central highlands, rice terraces and cascading water gardens share the jungle with ancient shrines and eye-catching heliconias.

Renowned for their spiritual approach to life, the Balinese number close to three million, most of whom are Hindu. Along with Java, Bali is famous for its highly developed arts, including dance, sculpture, painting, wood carving and music.

Please note that guests must have passports valid for a minimum of six months from the date of arrival for entry into Indonesia. Please check with your local Indonesian government representative for visa requirements.

WEATHER

Bali enjoys comfortably warm temperatures (averaging 27°C/81° F) with cool mountain air and relatively low humidity from April to October. The rainy season, from November to March, brings short bursts of rain interspersed with brilliant sunshine, warmer temperatures (32°C/90° F) and higher humidity.

LOCAL ATTRACTIONS AND ACTIVITIES

Four Seasons provides a unique vantage point from which to explore the sights, sounds and experiences of this region. The highlights of local attractions below help simplify planning. Please let us know how else we can assist you.

For a complete Bali experience, Four Seasons offers private sessions with one of the Resort's Personalised Paradise Planners. Experts in all things Bali, our planners can make suggestions for special occasion dining, tailored spa programmes, island tours or other on- and off-site sports activities, all packaged into a pre-planned personalised itinerary. Appointments can be made prior to or upon arrival at the Resort.

Onsite

Bicycling:

- Escorted bicycle trips can be arranged with Bali Adventure Tours: From the resort, follow the Ubud trails through rice paddies and terraces; ride to Uluwatu; visit Jimbaran village; enjoy a 1.5-hour bike ride to Penestanan Village through rice fields and past villages and temples on small, local roads. Off-site tours can be organised with Sobek: Full-day trips generally last around seven hours including breakfast, lunch and driving time.

Within a 10-minute drive of the Resort

Whitewater rafting:

- This exhilarating tour, led by Sobek's Whitewater Rafting, explores the magnificent Ayung River. The Ayung is a fast-flowing river that carves its way through soft volcanic rock to produce a series of exciting Class II rapids like Snake, Montok and Pinball. Journey through narrow, deep-sided gorges, past tranquil rice paddies and

stunning jungle scenery while observing rural Balinese life from the river. Sobek is located in Begawan Village.

Agung Rai Museum of Art (ARMA):

- For centuries, the Balinese have incorporated arts and crafts into their religious rituals. The earliest examples of Balinese paintings date as far back as the mid-1400s. As European artists began flocking to Bali in the 1930s, Western influences were gradually introduced. The concept of art for art's sake began to appear in the works of some artists who turned from the more usual, religiously inspired images. Collectible art can be found in galleries located mostly in Ubud. A seemingly endless collection of traditional crafts such as weavings, carvings, pottery and attractive souvenir paintings are available in virtually every village and hamlet throughout the island.

Seniwati Gallery of Art by Women:

- The works of local and international female painters are exhibited in this gallery.

Blanco's House:

- West of Ubud, Blanco's House was the home of the late Spanish painter Antonio Blanco, who married a Balinese woman. Blanco's works can be found in Bali and around the world in art galleries and private collections. His beautiful house is now a gallery devoted to his work.

Within a 15-minute drive of the Resort

Ubud Village:

- World famous for decades as an artistic community, Ubud has its own magic. Set in a particularly beautiful natural setting, Ubud's gracious way of life has drawn celebrities and artists from all over the world, some of whom have adopted it as their own home. The small villages surrounding Ubud are fascinating venues featuring a variety of arts, crafts, music and dance.

Within a 20-minute drive of the Resort

Celuk Village:

- Nearly every family in Celuk is involved in producing the village's trademark gold and silver jewellery. The neighbouring village of Singapadu is known for its *gong saron* and *gong gede* music.

Batubulan Village:

- A small village where stone statues of fanged demons, noble warriors and animals of all shapes and sizes are left displayed under shady trees. Young boys and old men are accomplished stone carvers in Batubulan and can be seen plying their craft by the roadside. Batubulan is also famous for the daily performance of the Barong Dance from 9:30 am to 10:30 am. More like a drama than a dance, the Barong story depicts the age-old struggle between the good and the righteous (the Balinese call it the path of Dharma, or Right-Doing) and the agents of destruction.

Bali Bird Park and Reptile Park:

- Bali Bird Park is home to more than 1,000 species of birds, including 250 rare and exotic species. Resident biologists guide tours through walk-in aviaries in the

spectacular rainforest. The Reptile Park houses Asia's most extensive collection of reptiles, including the famous Komodo dragons.

Puri Lukisan Gallery:

- The Puri Lukisan Museum in Ubud showcases the work of local artists from the 1930s. Works are arranged chronologically, to illustrate the transition from formal religious art to more natural, realistic depictions.

Kecak Dance:

- In the Kecak Dance as many as 100 men simulate the orchestration of the gamelan, with its Kecak or "cha-a-chak" sounds. The chorus acts as a unit conquering the individual ego and attains an ecstatic trance. This sound represents the chattering of monkeys - Hanuman and his allies - but the chorus also emits a long hissing sound when the menacing Rawana leaps into the centre of the stage. The unfolding drama represents the search for balance between positive and negative. Performed in Padang Tegal, Ubud and Puri Peliatan.

Barong Dance:

- More like a drama than a dance, the Barong story depicts the age-old struggle between what is good and righteous (the Balinese call it the path of Dharma, or Right-Doing) and the agents of destruction. The Barong is a mystical lion-dragon creature played by two men. A benevolent fellow, the whiskers of his beard are believed to hold healing powers. Performed in Batubulan Village and Puri Sared, Ubud.

Legong Dance:

- The Legong Dance is performed by three female dancers and is an abbreviation of one of the oldest traditional Balinese dances performed during temple ceremonies. It is a study in female grace and exquisite style. Performed in Puir Saren, Ubud on Monday and Saturday.

Wayang Kulit Puppets:

- Among all of Bali's lively dramatic arts, the shadow theatre is perhaps the most enduring, the most popular and the most revealing of Balinese concepts of this world and the next. Wayang means "shadow," and kulit means "skin." The procession of lace, lamplit puppet shadows and profusion of voices - speaking, shouting, singing and chanting - are all performed by one man working non-stop behind a white cotton screen. Performed at the Oka Kartini Theatre on Sunday and Wednesday.

Within a 25-minute drive of the Resort

Monkey Forest:

- Located in Ubud, the Monkey Forest is a small nature preserve that is home to hundreds of Balinese macaques.

Within a 30-minute drive of the Resort

Tegalalang:

- A popular tourist spot, the rice terraces in Tegalalang areas are widely considered to be the most beautiful terraces in Bali.

Tampaksiring :

- In the town of Tampaksiring in central Bali, the temple at the sacred spring of Tirta Empul is a major pilgrimage point. Its bathing pools have been considered holy since the 10th century.

Mas and Kemenuh Villages:

- Mas and Kemenuh Villages are located on the way to Ubud. Most of Bali's prominent wood carvers live in the village of Mas, producing elaborate wood carvings and teaching the younger generation to carve. The nearby village of Kemenuh is also known for its polished wood carvings. The Njana Tilem Gallery has a collection of very fine quality wood carvings.

Rafting, kayaking or canoeing down the Ayung River:

- Experience the thrills and adventure of a lifetime as you steer yourself down the Ayung River in a canoe, kayak or raft. Instructors are on hand to lead you through the more than 25 sets of challenging and fun-filled rapids. Full instruction is given before you start by highly trained experts. The river is rated Class II to Class III so it is suitable for most people even if they have never rafted or kayaked before.

Within a 35-minute drive of the Resort

Rudana Gallery:

- The Rudana Museum and Rudana Fine Art Gallery features an outstanding collection of Balinese art in classical, traditional and native styles, along with contemporary Indonesian paintings.

Njana Tilem Gallery:

- Wood carving, a skill dominated by clerical families, is passed from generation to generation. The talent and tradition of master carver IB Njana is continued today by his son, Tilem. Wood carvings of the finest quality are displayed in his gallery.

Within a 45-minute drive of the Resort

Gunung Kawi Temple:

- Gunung Kawi (Mountain of Poets) is an 11th century sanctuary with gurgling springs and rock-cut memorials to long-dead kings.

Elephant Safari Park:

- The Elephant Safari Park offers a chance to feed and interact with native Sumatra elephants in a natural setting. Visitors may take a 30-minute elephant safari ride, and even bathe with the elephants in the cool waters of the lake.

Batur Temple and Kintamani:

- Batur Temple is one of Bali's four primary sacred temples. It is located in the spectacular mountainous region around Kintamani, which features a deep crater lake and bubbling hot springs.

Within a 1-hour drive of the Resort

Butterfly Park:

- The Bali Butterfly Park is the only one in Indonesia, and is home to close to 200 colourful species from Bali and all over Indonesia.

Penelokan, Kintamani:

- Penelokan is a study in contrasts. Ribbons of black lava ripple down Mount Batur, the still active 1,717-metre (5,633-foot) volcano, which towers over the serene waters of Lake Batur. It is located in the spectacular mountainous region around Kintamani, which features a deep crater lake and bubbling hot springs.

Waterbom Park:

- Waterbom Park offers everything from water slides to a leisurely voyage down a lazy river and a racetrack where speeds reach up to 50 kilometres (30 miles) per hour.

Nyoman Gunarsa Museum:

- Nyoman Gunarsa Museum showcases the work of a living Balinese master who combines the ancient Balinese *wayang*, or puppet shape, with more abstract strokes.

Ganesha Gallery:

- With a focus on the artist's vision of Bali, the Ganesha Gallery exhibits a different local or international artist each month.

Sailing/Cruises:

- Cruises and sailboats can be booked easily.

Catamaran/Windsurfing:

- Located on the beach at Four Seasons Resort at Jimbaran Bay. Enjoy complimentary use of the Resort water sports equipment on the beach of the Jimbaran Bay Resort. Hobie cats, boogie boards, catamarans, windsurfers, lasers, paddle skis, and snorkelling equipment are available as well as aqua shoes for protection. No motorised water sports occur in Jimbaran Bay.

CONFERENCE FACILITIES OVERVIEW

Total Space	60 m ² 646 sq.ft.
Largest Ballroom	-
Meet and Feed (max. capacity)	20
Breakouts	-
Banquet (max. capacity)	30
Outdoor Banquet (max. capacity)	100
Private Dining (max. capacity)	12

CONFERENCE FACILITIES

A perfect venue for groups of up to 36 people, Four Seasons Resort Bali at Sayan's handsome function space opens to the jungle and the sounds of the magical Ayung River. The 54-square-metre (580-square-foot) boardroom – complete with a connecting patio – lends itself to executive retreats and mid-size business or social events, while the gardens, private dining room and expansive villas provide ideal settings for high-level business meetings or intimate social occasions and celebrations.

TECHNICAL ASSISTANCE

Audiovisual equipment is available on request including VHS and multi-system video equipment, slide and overhead projectors, projection screens and a state-of-the-art sound system.

MUSIC AND ENTERTAINMENT

Our team of conference and banqueting specialists will arrange music and entertainment to complement any part of your function or event. Possibilities range from local performers to classical musicians. The Resort specialises in organising themed events, from Balinese celebrations to elegant soirées under the stars.

RECEIVING AND MAINTENANCE

The Resort features a full-service shipping and receiving office. All packages should be sent to the attention of the Front Office Manager with the group's name highlighted. There is limited space available for storage, so please time shipping to coincide with the group's arrival. Please communicate with the Receiving Department or your Sales Manager for special arrangements regarding the delivery of oversized packages or environmentally sensitive equipment.

The Engineering Department is available 24 hours per day for general assistance with lighting, room temperature control and minor repairs.

DESTINATION MANAGEMENT

Our conference and banqueting specialists can help accommodate your group's special requests. For detailed information, please contact the Resort directly. In addition, we recommend the following destination management companies:

Pacific World Nusantara
Jl. Danau Poso 51
Sanur, Bali, Indonesia
Telephone: 62 (361) 282 474
Fax: 62 (361) 281 740

Bali World Travel
Jl. Kertha Petasikan II/17
Denpasar, Bali, Indonesia
Telephone: 62 (361) 722 920
Fax: 62 (361) 723 334

Dimensions in Bali
Jl. Pulau Moyo No. 15X
Denpasar, Bali, Indonesia

Telephone: 62 (361) 729 720

Fax: 62 (361) 262 781

SPOUSE PROGRAMMES

The Resort offers a variety of activities of interest to spouses of meeting participants. The Concierge will provide detailed information on specially tailored spouse programmes.

On-Site

- Balinese cooking classes with a Four Seasons chef
- A day at the spa
- Yoga at sunrise or sunset on the rooftop

Off-Site

- A "Bali-as-you-please" tour, with lunch at Kintamani volcano
- A land cruise
- White-water rafting
- Shopping in Ubud with a local guide
- A day of golf

BUSINESS SERVICES

Around the clock, Four Seasons can assist you with business, entertainment or travel arrangements through the Business Centre and resourceful, multilingual Concierge.

- 24-hour business services
- Airline reservation service
- Audiovisual equipment
- Computers
- Express check-in/check-out
- Japanese translation and interpretation service
- Wireless Internet access

GUEST ROOMS, SUITES AND PRIVATE RESIDENCES OVERVIEW

In a world of celestial peace, Four Seasons offers 18 expansive suites and 42 absolutely private villas that epitomise the ultimate in style and comfort. All of the guest accommodations reflect their exotic surroundings, with rich teak wood furnishings and colourful hand-loomed fabrics. Generous bathrooms feature blue or green terrazzo tiles, black granite countertops, a double vanity with Italian fixtures, a deep soaking tub and a separate glass-enclosed shower. Guests who wish to remain connected with the outside world may take advantage of the multi-line telephones with voice mail and wired or wireless Internet access within every suite and villa.

<i>Room Category</i>	<i>#</i>	<i>Beds</i>	<i>Size (m²)</i>	<i>View (sq ft)</i>
- Royal Villa	1	2 King and 2 twin	1,000	10,763 Forest highlands, rice terraces, and Ayung River in the Sayan Valley
- River-View Two-Bedroom Villa	2	1 King and 2 twin	850	9,149 Ayung River and rice field
- Two-Bedroom Villa	2	1 King and 2 twin	850	9,149 Garden View
- Sayan Villa	2	1 King	450	4,842 Sayan Valley
- Riverfront One-Bedroom Villa	11	1 King	200	2,152 Ayung River and gardens
- One-Bedroom Villa	26	1 King or 2 twin	200	2,152 Garden
- One-Bedroom Duplex Suite	18	1 King	123	1,323 Ayung River Valley
- One-Bedroom Suite	18	1 King	85	915 Ayung River Valley and rice fields

Suites Overview

Centrally located in the main building, steps from the spa and the Resort's superb restaurant and lounge, 18 spacious one- and two-level suites offer tranquillity and exceptional comfort. With lovely views over the Ayung River Valley and the rice fields, each includes an elegant sitting room with a dining area for two, a large bedroom, and a guest powder room.

Villas Overview

Nestled in the valley, 42 villas offer the pleasures of plunge pools, garden showers and extensive terraces. Designed to harmonise with the surroundings, One-Bedroom Villas sit at the crest of the hillside, with a soothing lotus pool at their entrance, and offer breathtaking views. Their décor includes custom-made furnishings from Java and Bali and specially selected art and artefacts. Similar in size, décor and amenities, the Riverfront One-Bedroom Villas hug the banks of the Ayung River.

Located at the Resort's highest point, the one-of-a-kind Sayan Villas offer in-villa registration, which adds to the sense of seclusion. Within the sound of the Ayung River, the Two-Bedroom Villa offers more than four times the space of a One-Bedroom Villa for lavish entertaining or complete relaxation.

The palatial three-storey Royal Villa features a lily pond and private meditation area at its rooftop entrance, along with extraordinary views. The villa's special features include a rare collection of Indonesian art treasures, an expansive living room and kitchen, dining for six guests, three bedrooms and a large open-sided *bale* (a Balinese-style gazebo) that

overlooks the river – offering a very special place to entertain or relax.

ROYAL VILLA

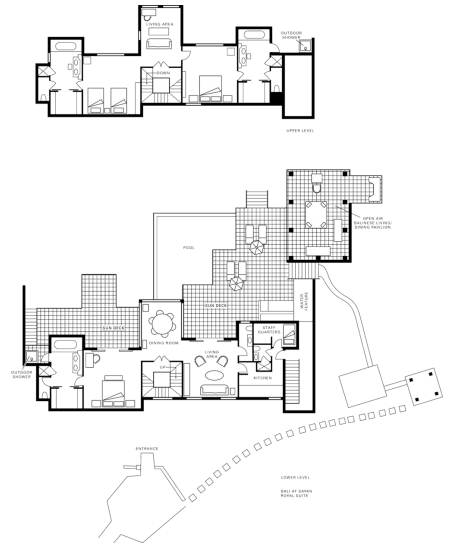
Number 1
Beds Two king beds and two twin beds
Size 1,000 m²
10,763 sq ft

Location

Adjacent to the Ayung River

View

Forest highlands, rice terraces, and Ayung River in the Sayan Valley



TWO-BEDROOM VILLA

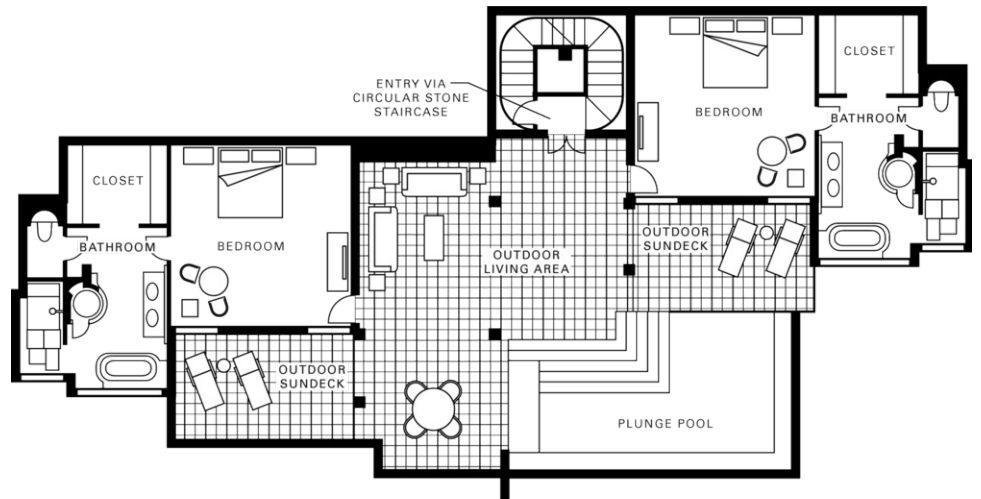
Number 2
Beds One king and two twin beds
Size 850 m²
9,149 sq ft

Location

Hillside surrounded by garden

View

Garden View



SAYAN VILLA

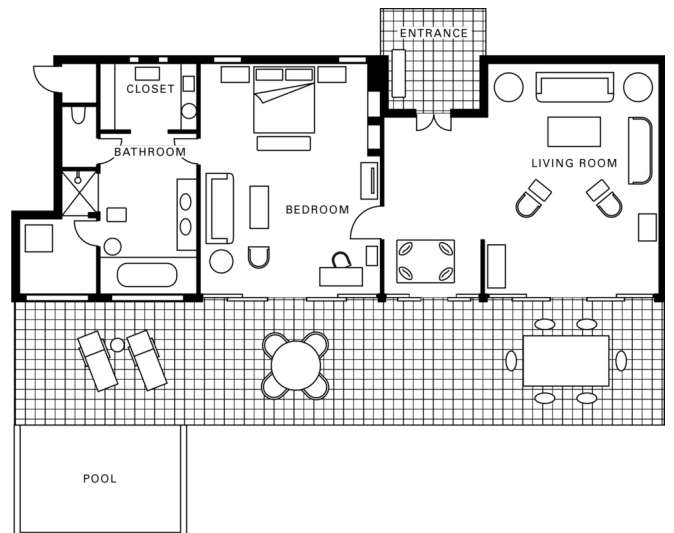
Number 2
Beds King bed
Size 450 m²
4,842 sq ft

Location

Highest point of the Resort

View

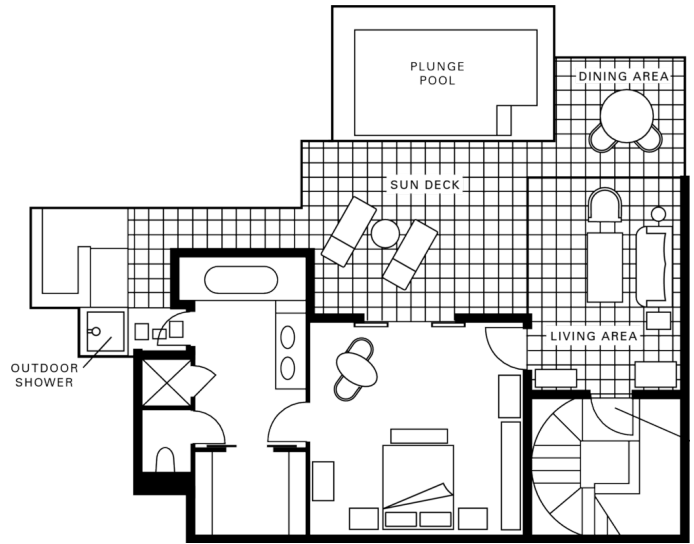
Sayan Valley



RIVERFRONT ONE-BEDROOM VILLA

Number 11
Beds King bed
Size 200 m²
2,152 sq ft

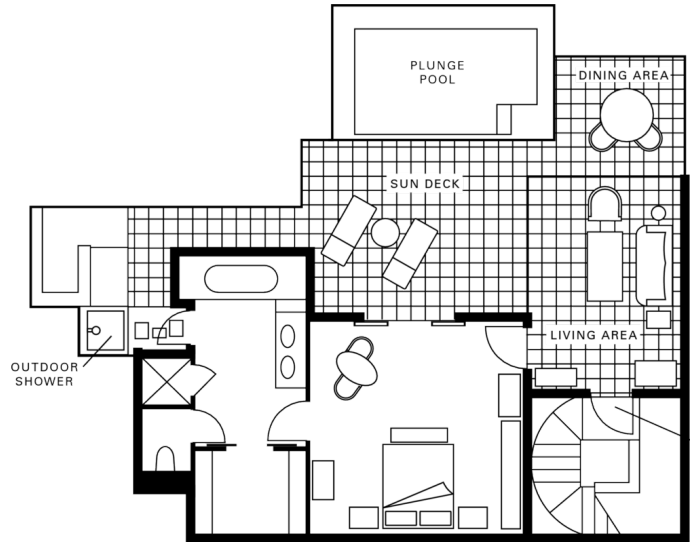
Location
Along the Riverbank
View
Ayung River and gardens



ONE-BEDROOM VILLA

Number 26
Beds King or two twin beds
Size 200 m²
2,152 sq ft

Location
Hillside surrounded by gardens
View
Garden



AMENITIES

- All news cable network
- CD player
- Complimentary newspaper with breakfast
- Down pillows
- Fax machine on request
- Hair dryer
- Hypo-allergenic pillows on request
- In-room safe
- Multi-line telephone(s) with voicemail
- Refrigerated private bar
- Twice-daily housekeeping service
- Wired or wireless Internet access
- Yukata robes and slippers

GUEST SERVICES

- 24-hour In-Villa Dining
- 24-hour laundry/dry-cleaning/pressing
- 24-hour multilingual Concierge
- Airport transfers
- Car rental desk
- Complimentary overnight shoeshine
- Gift shop
- Non-smoking rooms
- One-hour pressing
- Restaurant
- Umbrellas
- Valet parking

VIP GIFTS AND WELCOME AMENITY

Special arrangements can be made for clients to purchase welcome amenities for their VIP guests. The Banquet Department will be happy to assist in these arrangements. Possibilities range from items created from the locally made and distinctive handwoven *grinsing* fabric to bottles of wine.

DINING HOURS OF OPERATION

Ayung Terrace

Breakfast

Every day 6:30 am - 11:00 am

Lunch

Every day 11:00 am - 3:00 pm

Dinner

Every day 6:00 pm - 10:00 pm

Riverside Café

Lunch

Every day 11:00 am - 6:30 pm

Jati Bar

Tropical cocktails

Every day noon - midnight

Light snacks

Every day noon - midnight

In-Room Dining

Breakfast

Every day 6:30 am - 11:00 am

All-day dining

Every day 11:00 am - 10:00 pm

Overnight dining

Every day 10:00 pm - 6:30 am

DINING

Four Seasons awakens the imagination with culinary artistry presented in three wondrous settings – open to the jungle or beside the magical river. Ayung Terrace serves contemporary Asian-style dishes and Indonesian specialties overlooking the gorge, while the adjacent wine cellar offers an intimate setting for groups of up to eight people. In-Villa Dining is also available, perfect for time-zone-hopping travellers, impromptu meetings or quiet, private dining.

RESTAURANTS

Ayung Terrace

Elegantly situated on the crest of a lush gorge, Ayung Terrace offers breathtaking views of the river below. Enjoy an inspired menu of Asian-inspired cuisine and Indonesian specialties in the dining room, on the outdoor terrace and at the adjacent wine cellar.

- Indoor seating: 24; 8 at the adjacent wine cellar
- Outdoor seating: 36

Riverside Café

A casual, poolside, open-air setting with a wood-burning pizza oven. Set in the valley by the sacred Ayung River and shaded by an alang-alang thatched roof and umbrellas, this restaurant is open from late morning to early evening.

- Outdoor seating: 30

LOUNGES

Jati Bar

This comfortable lounge is built out of beautiful teak wood, and is known for its spectacular views of the Ayung Valley and delicious libations. Wireless Internet access is also available.

RECREATION FACILITIES

Whether relaxing by the two-level swimming pool, being pampered in the spa or enjoying a high-tech workout in the fitness centre, guests at Four Seasons find that tensions quickly dissolve ... gently helped by the soothing natural accompaniment of the Ayung River. Enhancing that connection to place, cooking classes offer a hands-on approach to the exotic world of Balinese cooking. For those wishing to experience off-site activities – from river rafting to cycling through the rice paddies, elephant trekking or golfing in the highlands, the Four Seasons Concierge takes care of all the arrangements.

SPA SERVICES

In the spa at Four Seasons Resort Bali at Sayan, relax and be revived under the influence of exotic scents, the traditional treatments of the East and the calming beauty of the Ayung River Valley. Immersed in the spirit of this sacred place, Sayan's rejuvenating secrets celebrate the healing power of nature: earthen clays, mountain botanicals and warming spices. All in an environment of simple sophistication, complete with hot and cold plunge pools.

FITNESS FACILITIES

The Fitness Centre offers cardiovascular equipment, furnished with individual audiovisual monitors and headsets, and an extensive range of weight-training machines and free weights.

- Size: 80 m² / 861 sq ft

POOL

Placed within the sound of the Ayung River, the large, two-level swimming pool is a cool and relaxing oasis designed to follow the river's natural contours. It is surrounded by a wooden deck furnished with comfortable chaises longues, offering breathtaking views of the river.

Within easy reach of your Four Seasons guest room or suite are other options for sports or active enjoyment. For further ideas or details, our Concierge is always pleased to advise and assist you.

To help plan a just-right-for-you vacation and to make your visit memorable, you are invited to a private session with one of the Resort's Personalised Paradise Planners. Experts in all things Bali, our planners can assist you in creating the best blend of leisure activities, making suggestions for special occasion dining, tailored spa programmes, island tours, or other on- and off-site sports activities, all packaged into a pre-planned personalised itinerary. Appointments can be made prior to or upon arrival at the Resort.

Land sports

GOLF

Nirwana Bali Golf Course (Tanah Lot)

Set against a scenic ocean backdrop, this Greg Norman-designed golf course has been built with an unwavering sensitivity to every environmental concern. It is a visual masterpiece of dramatic white sand bunkers, freshwater creeks, lush green grasses and trees, surrounded by rice terraces. An elegant Balinese-style clubhouse with a stunning lobby provides world-class facilities and services.

OTHER

Hiking, elephant trekking and a variety of other sporting activities can be arranged by the Concierge. Nature walks are also available.

Water sports

SURFING

Surfing in Bali is renowned around the world. Four Seasons Resort at Jimbaran Bay will arrange surfing off some of the island's best beaches, including Padang-Padang Beach, Bingin Beach, Uluwatu Beach, Suluban Beach, Canggu Beach and NyangNyang Beach. Excerpts and reviews by the surf set:

Padang-Padang Beach

Next break down from Ulu. Park your car or leave your bike at the top of beach or take the path from Ulu. A very hollow left made more dangerous by proximity to cliff. Hati-hati! A lost board usually means the end. Needs a big swell to show. Very dangerous below mid-tide.

Bingin Beach

Next channel down from Padang. A clean, fun, hollow left good up to 7. Best at low to medium tides. Kick out before the inside ledge starts to suck out. Usually crowded with surfers who want a break from Ulu.

Uluwatu Beach

Home of the world famous left, with three main areas depending on the tide. The Peak is a high-tide break, peeling down to the inside past the cave. It handles small and large swells from the right direction. Race track, at mid-tide, starts in front of the cave, peeling down the line past big rock. Use your discretion on length of ride. Breaks best up to 8, with straight-line swells. Outside corner is a low-tide wave and anything over 12 you might want to paddle out from the next beach. If you can't fight the current and get into the safety of the cave, swim down to the beach.

Suluban Beach

A favourite playground for surfers, the Annual Surf Championships are partly staged here. Jimbaran, around the corner, is good for swimming.

Canggu Beach

Lave ledge, with a left and right, the best break being determined by size and swell direction. Take a left turn at Kerobokan village, north of Legian.

NyangNyang Beach

The climb down the steep cliff is well worth it. Several selections off goat channel have left and right. The right in front of goat track is good on SW swell. These break best up to 6.

Catamaran/Windsurfing

Enjoy complimentary use of the Resort water sports equipment on the beach of the Jimbaran Bay Resort. Hobie cats, boogie boards, catamarans, windsurfers, lasers, paddle skis, and snorkelling equipment are available as well as aqua shoes for protection. No

motorised water sports occur in Jimbaran Bay.

OTHER

Outdoor activities such as river rafting and kayaking are available nearby. The Concierge will be happy to recommend organisers specialising in these activities.

Rooms	Dimensions		Size		Height		Classroom	Hollow square	U-shape	Theatre	Reception	Banquet rounds	Conference/ boardroom
	(m)	(ft)	(m ²)	(sq ft)	(m)	(ft)							
- Tirta Sari	9.4 x 5.6	31 x 18.3	54	580	5.6	18.3	21	16	12	32	36	18	14