



**FOUR SEASONS RESORT**  
*Maldives at Landaa Giraavaru*

## Quick Reference Guide

---

Last updated May 3, 2012 | For additional information please contact the resort directly

---

Four Seasons Maldives at Landaa Giraavaru  
Baa Atoll, Baa Atoll, Republic of Maldives  
Tel 960.66.00.888 | Fax 960.66.00.800 | Res 960.66.00.888

[www.fourseasons.com/maldiveslg](http://www.fourseasons.com/maldiveslg)



Baa Atoll  
Baa Atoll, Republic of Maldives  
Tel 960.66.00.888  
Fax 960.66.00.800  
Res 960.66.00.888

#### AIRPORT

- Malé International Airport (MLE): 30 to 45 minutes by seaplane (120 kilometres/75 miles)

#### TABLE OF CONTENTS

- 2 Introduction
- 4 Destination
- 5 Conference Facilities
- 8 Guest rooms, Suites and Private Residences
- 15 Dining
- 17 Recreational Facilities
- 20 Incentive Activities
- 23 Site Plan
- 24 Appendix: Conference Chart

A scenic seaplane ride from Malé Airport, discover a paradise hideaway in the Baa Atoll. This verdant, beach-fringed coral island offers sophisticated pleasures on land and water – from genuine ayurvedic therapies in the spa to splashing, sailing or diving in the jewel-like Indian Ocean and the Maldives’ most pristine lagoon.



On an island all its own, Four Seasons Resort Maldives at Landaa Giraavaru is the exclusive setting for 102 thatched beach and water villas. Each offers complete privacy and features pools and sundecks that gaze over tranquil vistas of the turquoise lagoon and the azure Indian Ocean beyond.

In embracing the island’s raw wildness, Four Seasons has created a refreshingly different resort surrounded by untamed natural beauty. Three indoor function spaces and the pristine resort beaches and gardens offer settings for intimate gatherings. Guests can travel the world at the Resort’s four restaurants and three lounges, from Asia to Arabia, with the fine fare of Italy and prime grilled meats and seafood to enhance the variety. All overlook the infinite drama of this secluded island setting.

The Spa and Ayurvedic Retreat, PADI dive centre and a liberal selection of

complimentary lagoon water sports offer many diversions. A 1-kilometre (0.6-mile) white-sand beach, a coral reef and one of the most spectacular lagoons in the Maldives are complemented by three pools, including one just for children. Guests also enjoy advanced facilities at the health club, and a tennis court lit for night play.

Many guests choose to experience the diversity of the Maldives by pairing their visit with a stay at Four Seasons Resort Maldives at Kuda Huraa, offering intimate village charm.

#### *Four Seasons Explorer*

Guests can enhance their stay on Landaa Giraavaru with a three-, four- or seven-night cruise on the Four Seasons Explorer, a private three-deck, 11-cabin catamaran. Aboard the Explorer, you can stop for beach-side barbecues on remote island shores, fish or visit rarely seen diving and snorkelling sites.

Housed in Four Seasons comfort, Explorer guests enjoy such on-board amenities as a fully equipped PADI dive centre with Nitrox, two sundecks, including one with a whirlpool, a telescope for stargazing, massage by a qualified massage therapist, a restaurant and bar and even laundry service. An onboard marine biologist is available to offer insights into this delicate ecosystem.

#### TRANSPORTATION

Malé International Airport is served by a number of international and charter airlines, including Aeroflot, Air India, Bangkok Airways, British Airways, Emirates Air, Malaysian Airlines, Meridiana Fly, Singapore Airlines, Sri Lankan Airlines, Transaero Airlines and Qatar Airways.

Visitors must possess a passport valid for a minimum of six (6) months and a return ticket. Most visitors are given a 30-day visitor's permit on arrival. Please consult your local Republic of Maldives representative for visa requirements.

Please note that alcohol and other prohibited and restricted items may not be brought into the Maldives. Items will be confiscated at the airport and disposed of by the airport authorities.

View a complete list of prohibited and restricted items.

---

---

WEATHER CHART

---

Month	°C		°F	
	Highs/Lows	Highs/Lows	Highs/Lows	Highs/Lows
January	31	/ 27	88	/ 80
February	31	/ 27	88	/ 80
March	31	/ 27	88	/ 80
April	31	/ 27	88	/ 80
May	30	/ 26	86	/ 78
June	30	/ 26	86	/ 78
July	30	/ 26	86	/ 78
August	31	/ 27	88	/ 80
September	31	/ 27	88	/ 80
October	31	/ 27	88	/ 80
November	31	/ 27	88	/ 80
December	30	/ 26	86	/ 78

---

DESTINATION

The Republic of Maldives is made up of a double string of 1,190 coral islands to the southwest of Sri Lanka, in the Indian Ocean. Stretching north to a point just south of the equator, the archipelago is 130 kilometres (81 miles) wide at its widest point and 820 kilometres (510 miles) long. It is the flattest land in the world, with the highest natural point less than 2.4 metres (8 feet) above sea level.

Grouped into 26 atolls – ring-shaped coral formations, which provide a natural defence against wind and wave, enclosing a lagoon the Maldives covers a total area of 859,000 square kilometres (331,661 square miles), only 1% of which is land. Not surprisingly, this aquatic nation is considered one of the top 10 diving spots in the world. With only 200 inhabited islands and an additional 98 islands developed exclusively as tourist resorts, tourism is the dominant support for the economy.

Malé, the capital of the Republic of Maldives, is an island 2 kilometres (1.2 miles) long and 1 kilometre (0.6 mile) wide. Malé is clean and quaint, with markets, mosques and a maze of small streets that approximately 103,000 people call home.

WEATHER

Throughout the year, the Maldives enjoys warm, humid weather made pleasant by constant sea breezes. By late November, exceptionally calm seas mark the beginning of the dry season, known as *iruvai*, which runs until April. The daytime high is around 30°C (86°F) year-round, dropping to about 25°C (77°F) in the evenings.

LOCAL ATTRACTIONS AND ACTIVITIES

At Four Seasons, you enjoy a unique vantage point from which to explore the sights, sounds and experiences around you. We hope the highlights of local attractions below help simplify your planning. Please let us know how else we can assist you.

*Within a 15-minute boat ride of the Resort*

Kudarikilu Fishing Village:

- Our neighbouring island of Kudarikilu provides a glimpse into Maldivian island life. Visit the island office, village school, local shop and mosque, and discover *thunda kunaan*, the traditional craft of mat weaving.

*Within a 45-minute boat ride of the Resort*

Dharavandhoo Island Visit:

- Departing from the Resort's jetty, a scenic boat ride -; just 45 minutes by *dhoni* or 30 minutes by speedboat -; takes you to the small island of Dharavandhoo, the original capital of the Baa Atoll. Drink in the sights and sounds of a traditional Maldivian village for more insight into the local way of life, and visit handicraft stores to see an array of coconut shell carvings, painted wood carvings and coconut palm figurines crafted using century-old techniques. Please note that most of the shops on the island accept payment by cash only.

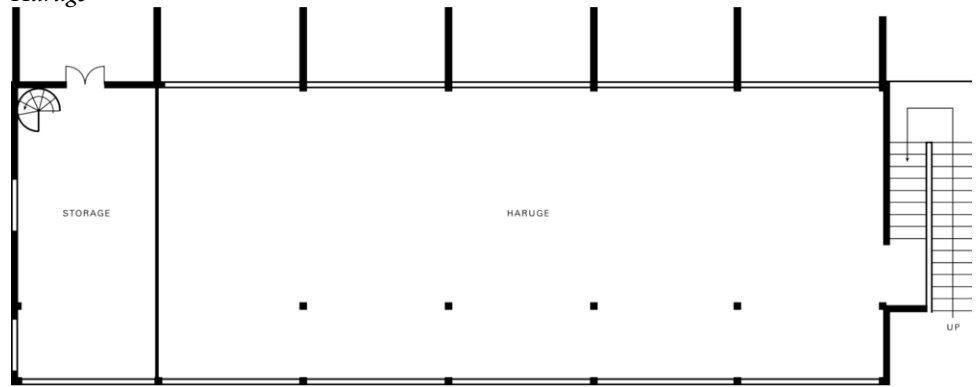
CONFERENCE FACILITIES OVERVIEW

Total Space	318 m <sup>2</sup> 3,423 sq.ft.
Largest Ballroom	-
Meet and Feed (max. capacity)	50
Breakouts	1
Banquet (max. capacity)	50
Outdoor Banquet (max. capacity)	80
Private Dining (max. capacity)	28

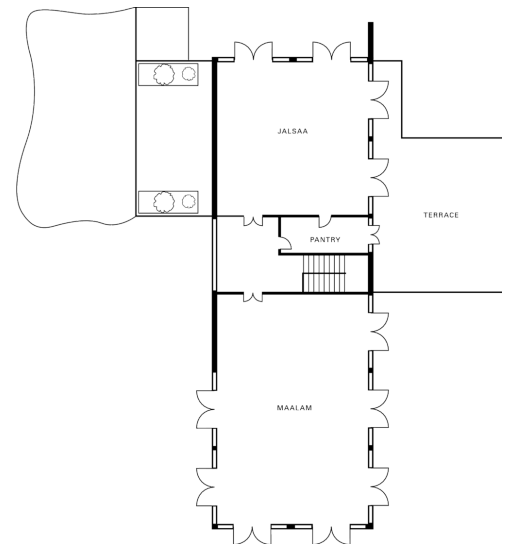
CONFERENCE FACILITIES

With three air-conditioned function spaces measuring 318 square metres (3,423 square feet), Four Seasons Resort Maldives at Landaa Giraavaru can host indoor events for 20 to 150. All reflect the character of the Maldives, with high ceilings and large windows to let in the sea breezes and invite participants to step out into the beauty outdoors. In addition, the powder-soft beach and lush gardens provide a wealth of inspiration for events in the open air. Experienced Four Seasons support and cuisine are on site, to bring your plans successfully to life.

Haruge



Recreation Centre



TECHNICAL ASSISTANCE

All meetings spaces at the Resort are equipped to meet your presentation and communication requirements.

Audiovisual equipment includes:

- LCD projector

- White screen
- Flat screen television
- DVD/CD player
- Wired or wireless Internet access

The power voltage of the Resort is 230 volts with a frequency of 50 Hz. A limited number of adapters are available upon request.

#### MUSIC AND ENTERTAINMENT

Our Marketing Coordinator will be happy to assist in setting up any type of music or entertainment for your meeting or event. Please enquire in advance should you wish to arrange overseas entertainment so we can help you with proper permits or documents.

#### RECEIVING AND MAINTENANCE

All packages should be sent to the attention of your group via the Resort's Marketing Coordinator; please include the group's check-in date. These will be stored in the Resort's storage area, but note that availability for storage is limited, so please time shipping to the dates of your arrival.

#### *Receiving dock*

Please contact the Resort's Marketing Coordinator for special delivery arrangements of oversized packages or environmentally sensitive equipment.

#### *Post-conference shipping*

Shipping of post-conference materials may be coordinated through the Resort's Marketing Coordinator.

#### *Maintenance*

The engineering department is available 24 hours a day for general assistance with lighting, room temperature control and minor repairs.

#### DESTINATION MANAGEMENT

Our marketing team can help to accommodate your group's special requests through the Resort's or local resources.

#### SPOUSE PROGRAMMES

Four Seasons Resort Maldives at Landaa Giraavaru offers many activities to interest the spouses of meeting participants:

- A wide range of spa treatments
- Yoga classes
- Cooking classes
- Water sports such as snorkelling, kayaking and surfing
- Diving
- Island hopping

#### CHILDRENS AND FAMILY PROGRAMMES

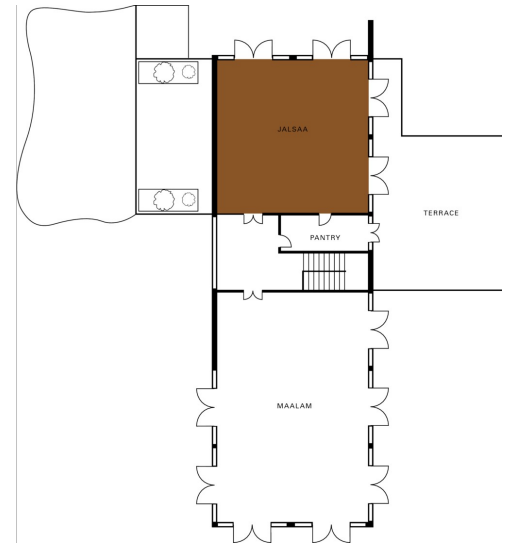
The Resort would be pleased to help arrange appropriate on-site or off-site activities for visiting families. Our kids club, Kuda Velaa, and young adult center offer a full range of activities to entertain our younger guests.

**JALSAA**

Dimensions	9.8 x 9.8 m 32.1 x 32.1 ft
Size	96 m <sup>2</sup> 1,030 sq.ft.
Height	2.6 – 6 m 8.5 – 20 ft

*Capacities*

Classroom	40
Hollow square	23
U Shape	20
Theatre	70
Reception	80
Boardroom	30

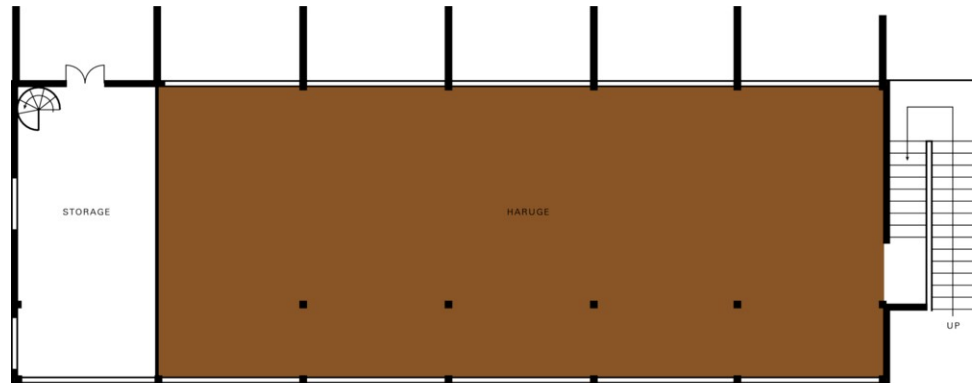


**HARUGE**

Dimensions	7.8 x 19.8 m 25.6 x 65 ft
Size	154 m <sup>2</sup> 1,658 sq.ft.
Height	2.6 – 6 m 8.5 – 20 ft

*Capacities*

Classroom	40
Hollow square	44
U Shape	40
Theatre	110
Reception	150
Boardroom	40



### GUEST ROOMS, SUITES AND PRIVATE RESIDENCES OVERVIEW

Our 102 thatched beach and water villas, including two unsurpassed land and ocean villas, offer features such as private plunge pools and generous outdoor living spaces gazing across the tranquil lagoon. A turquoise gate with traditional Maldivian-style coral walls stands at the entry to each domain, while lush vegetation guarantees complete privacy.

Living spaces are refreshed by sea breezes in an open-air *bale* (traditional thatched hut), while guests can sleep in air-conditioned comfort in teak-furnished sleeping pavilions. Wireless high-speed Internet service and plasma televisions add the comprehensive Four Seasons dimension to this untamed tropical setting.

Off-shore, guests have the opportunity to experience the Maldives by sea aboard the exclusive Four Seasons Explorer.

Note for families: Due to their unique location and layout, Water Bungalows and Water Villas are not recommended for children under eight years old.

Room Category	#	Beds	Size (m <sup>2</sup> )	View (sq ft)	View
- Sunset Water Villa with Pool	5	1 King	86	925	Full ocean and sunset
- Sunrise Water Villa with Pool	5	1 King	86	925	Full ocean and sunrise
- Sunset Water Villa	14	1 King or 2 twin	86	925	Full ocean and sunset
- Sunrise Water Villa	14	1 King or 2 twin	86	925	Full ocean and sunrise view
- Beach Villa with Pool	30	1 King or 2 twin	137	1,475	Beach and ocean
- Beach Bungalow with Pool	29	1 King or 2 twin	75	807	Surrounding garden and ocean
- Family Beach Villa with Pool		1 Queen	137	1,475	Beach and ocean
- Two-Bedroom Family Beach Bungalow with Pool		1 King and 2 twin	182	1,959	Surrounding garden and ocean
- Two-Bedroom Land and Ocean Suite	2	1 King and 2 twin	280	3,014	Panoramic ocean view
- Two-Bedroom Royal Beach Villa	1	1 King and 2 twin	310	3,337	Lagoon
- Sunset Two-Bedroom Water Suite	1	1 King and 2 twin	182	1,959	Panoramic ocean and sunset
- Sunrise Two-Bedroom Water Suite	1	1 King and 2 twin	182	1,959	Panoramic ocean and sunrise

#### Guest Room Overview

Overlooking the lagoon on the north shore, Beach Bungalows with Pool feature a spacious foliage-filled garden with plunge pool. On the south side of the island, Beach Villas with Pool provide direct access to the beach and lagoon. View sapphire waters from the loft of the sand-floor living/dining gazebo, or enjoy an aquatic workout in your own lap pool surrounded by a deck with daybeds and a traditional Maldivian swing.

Arranged along a double-loaded jetty off the northwestern end of the island, Sunrise Water Villas and Sunset Water Villas, some with a private plunge pool, feature a large deck and furnished sea-gazing loft. The glass-fronted bedroom and living area frame

double-width views.

#### *Suites Overview*

At the far end of the jetty, the Two-Bedroom Water Suites – the Sunrise and the significantly larger Sunset – are each extra-private with panoramic east- or west-facing views of the blue horizon. Right at beach-side, the Royal Beach Villa is a magnificent two-bedroom residence distinguished with touches such as a dining “island” set into the 30-metre (98-foot) lap and reflecting pool. Its garden courtyard is furnished with twin massage tables, and large bathrooms are complete with outdoor shower gardens.

Privately open to the beach and lagoon, the two Land and Ocean Suites comprise an al fresco living area in a land pavilion and a sleeping pavilion that floats on stilts above the water. A teak walkway with plunge pool connects the living and sleeping areas. With a full kitchen and butler’s room, Land and Ocean Suites provide the ultimate flexibility for family stays or for entertaining.

SUNRISE WATER VILLA WITH POOL

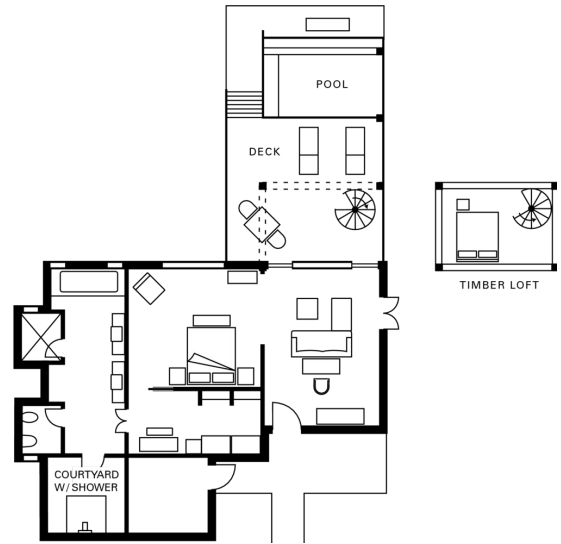
Number 5  
Beds King bed  
Size 86 m<sup>2</sup>  
925 sq ft

Location

Northwestern end of the island

View

Full ocean and sunrise



SUNSET WATER VILLA WITH POOL

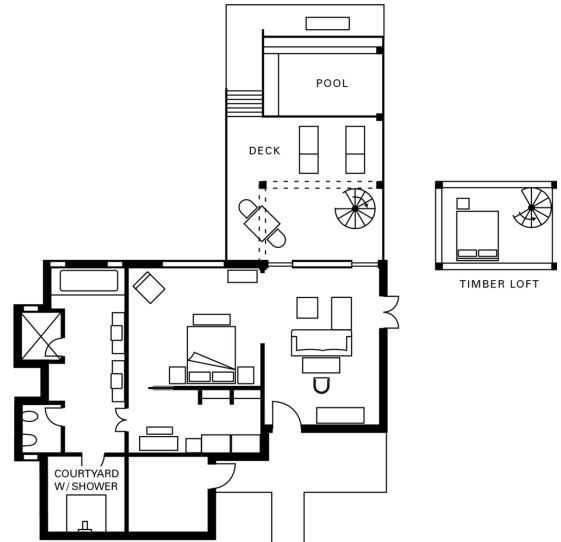
Number 5  
Beds King bed  
Size 86 m<sup>2</sup>  
925 sq ft

Location

Northwestern end of the island

View

Full ocean and sunset



SUNRISE WATER VILLA

Number 14  
Beds King or two twin beds  
Size 86 m<sup>2</sup>  
925 sq ft

Location

Northwestern end of the island

View

Full ocean and sunrise view



SUNSET WATER VILLA

Number 14  
Beds King or two twin beds  
Size 86 m<sup>2</sup>  
925 sq ft

Location

Northwestern end of the island

View

Full ocean and sunset



BEACH VILLA WITH POOL

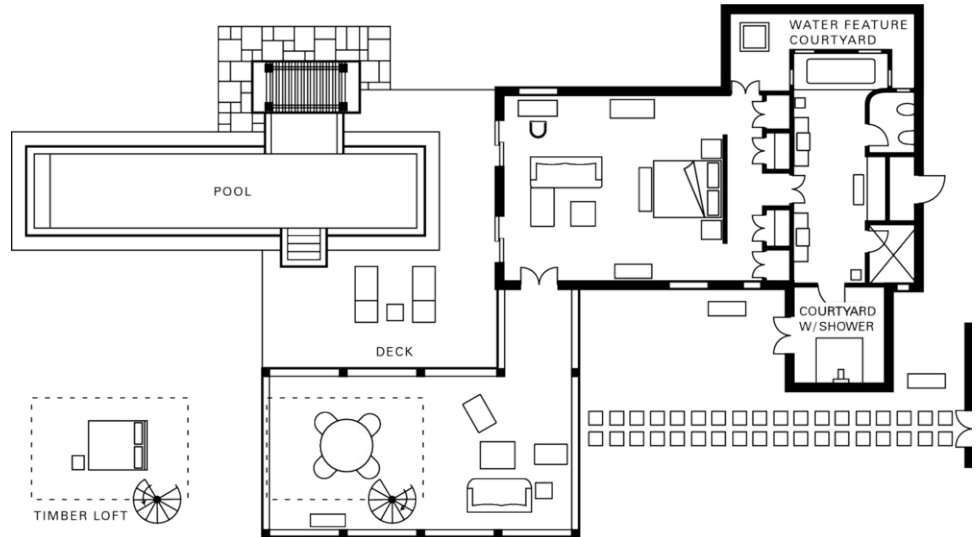
Number 30  
Beds King or two twin beds  
Size 137 m<sup>2</sup>  
1,475 sq ft

Location

South side of the island

View

Beach and ocean



BEACH BUNGALOW WITH POOL

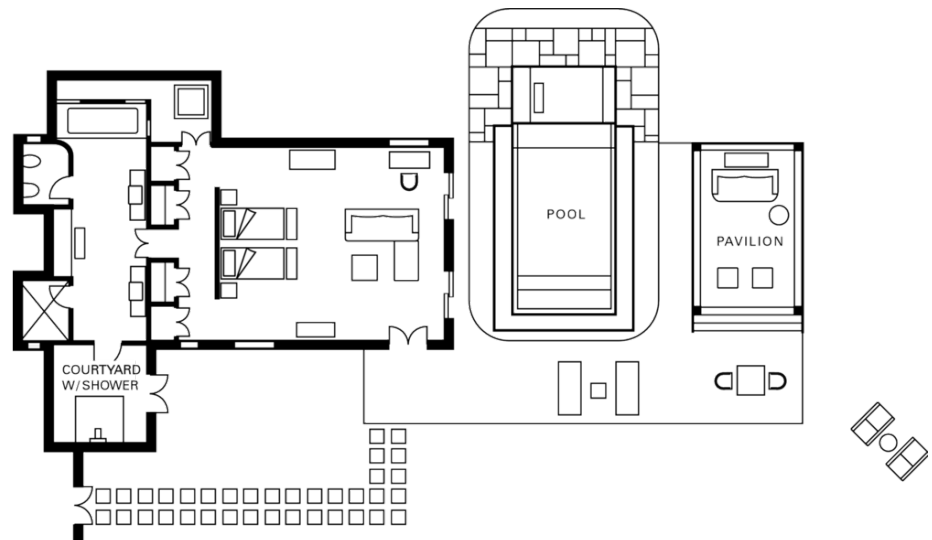
Number 29  
Beds King or two twin beds  
Size 75 m<sup>2</sup>  
807 sq ft

Location

North side of the island

View

Surrounding garden and ocean



TWO-BEDROOM LAND AND OCEAN  
SUITE

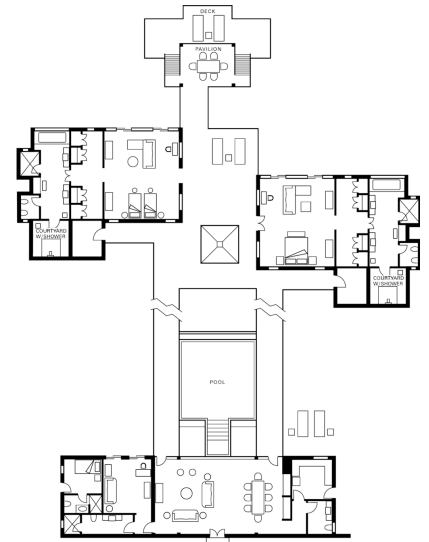
Number 2  
Beds King and two twin beds  
Size 280 m<sup>2</sup>  
3,014 sq ft

Location

Northeastern shore of the island

View

Panoramic ocean view



TWO-BEDROOM ROYAL BEACH VILLA

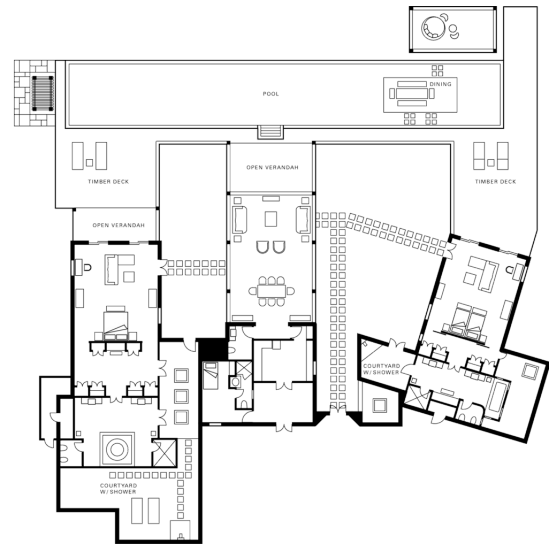
Number 1  
Beds King and two twin beds  
Size 310 m<sup>2</sup>  
3,337 sq ft

Location

Western end of the island

View

Lagoon



SUNRISE TWO-BEDROOM WATER SUITE

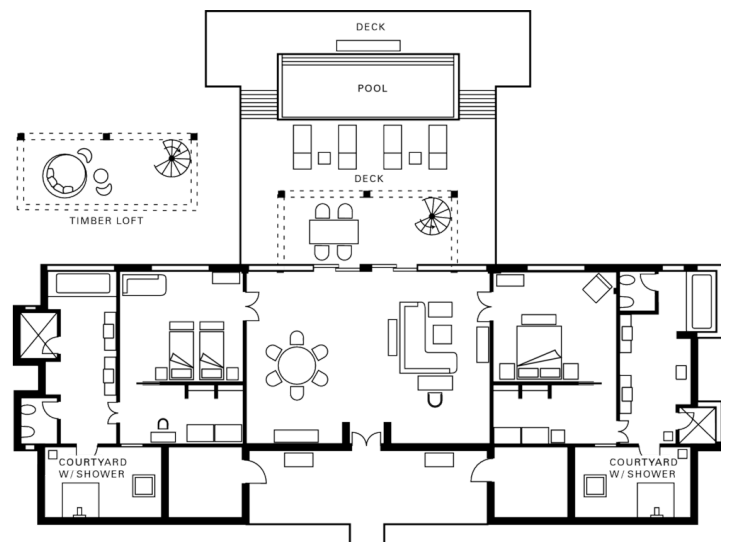
Number 1  
Beds King and two twin beds  
Size 182 m<sup>2</sup>  
1,959 sq ft

Location

On stilts over water on the  
northwestern end of the island

View

Panoramic ocean and sunrise



SUNSET TWO-BEDROOM WATER SUITE

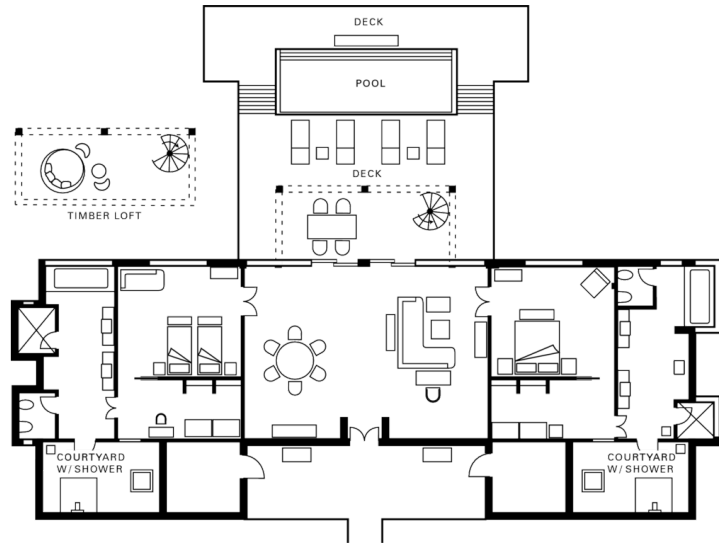
Number 1  
Beds King and two twin beds  
Size 182 m<sup>2</sup>  
1,959 sq ft

Location

On stilts over water on the  
northwestern end the island

View

Panoramic ocean and sunset



#### AMENITIES

- CD player
- Down pillows
- DVD player
- Fax machine on request
- Hair dryer
- In-room safe
- Iron and ironing board on request
- Lighted make-up/shaving mirror
- Multi-line telephone(s) with voicemail
- Refrigerated private bar
- Satellite television
- Tea/coffee maker
- Twice-daily housekeeping service
- Wired or wireless Internet access
- Hypo-allergenic pillows on request

#### GUEST SERVICES

- 24-hour In-Room Dining
- 24-hour laundry/dry-cleaning/pressing
- 24-hour multilingual Concierge
- Airport transfers
- CD/DVD library
- Complimentary overnight shoeshine
- Doctor or nurse on call 24 hours
- Gift shop
- International newspapers
- One-hour pressing
- Restaurant
- Salon services
- Services and amenities for younger guests

#### VIP GIFTS AND WELCOME AMENITY

Arrangements can be made for clients to purchase welcome amenities their important guests. The Resort's Gift Certificates and Four Seasons Gift Cards are also available for purchase.

---

---

## DINING HOURS OF OPERATION

---

<i>Blu</i>	
<i>Lunch</i>	
Every day	noon - 3:00 pm
<i>Easy dining</i>	
Every day	3:00 pm - 7:00 pm
<i>Dinner</i>	
Every day	7:00 pm - 10:30 pm
.....	
<i>Al Barakat</i>	
<i>Dinner</i>	
Every day	6:00 pm - 10:30 pm
.....	
<i>Café Landaa</i>	
<i>Breakfast</i>	
Every day	7:00 am - 11:00 am
<i>All-day dining</i>	
Every day	11:30 am - 5:00 pm
<i>Dinner</i>	
Every day	7:00 pm - 10:30 pm
.....	
<i>Fuego Grill</i>	
<i>Dinner</i>	
Every day	6:30 pm - 10:30 pm
.....	
<i>Five Degrees North</i>	
Every day	6:00 pm - 12:30 am
.....	
<i>Blu Bar</i>	
Every day	11:00 am - 11:00 pm
.....	
<i>Poolside Bar</i>	
Every day	9:00 am - 6:00 pm
.....	
<i>In-Room Dining</i>	
Breakfast	7:00 am - 11:00 am
All-day dining	11:00 am - 11:00 pm
Overnight dining	11:00 pm - 7:00 am
Afternoon tea	2:30 pm - 5:30 pm
.....	

## DINING

One small island rarely brings so much of the world to your table. Guests can savour the tastes of Asia, sample Lebanese and Moroccan fare in a rooftop setting, dine on Italian as lagoon and ocean views stretch into the distance or enjoy the day's catch or organic meats poolside.

Special arrangements can be made for beach picnics and sandbank dinners, Robinson Crusoe picnics, *dhoni* breakfasts and private parties of any size. Delicious In-Villa Dining is available 24 hours a day.

## RESTAURANTS

### *Blu*

Located at the western end of the island overlooking a 2-kilometre (1.2-mile) lagoon, Blu embraces the essence of the Maldives as the place where the ocean meets the sky. From the restaurant pavilion on one side or the Blu Bar pavilion on the other, you can watch the sun sink below the horizon. The restaurant serves light antipasti, pizza and pasta during the day and fine Italian cuisine in the evening.

- Cuisine: Italian
- Indoor seating: 40
- Outdoor seating: 40 at the bar and 12 on the beach

### *Al Barakat*

Named after Abu Al Barakat Yusuf Al Barbari, a North African scholar who made Baa Atoll his home in the 12th century, Al Barakat serves authentic Arabian cuisine. The restaurant is built over water, off the main jetty. A Shisha Bar is located on the ground level. The main dining area on the rooftop features comfortable low seating.

- Cuisine: Arabian
- Indoor seating: 40
- Outdoor seating: 74 outdoors and 44 at the bar

### *Café Landaa*

Overlooking the swimming pool and beach, the three thatch-roofed pavilions of Café Landaa are separated by reflecting ponds. For breakfast, lunch, and dinner, our chefs create exquisite delights with eastern and western influences.

- Indoor seating: 82 indoors, 16 at the teppanyaki counter

### *Fuego Grill*

Located adjacent to the seawater pool and overlooking the eastern coast of the island, Fuego Grill is open for dinner. The restaurant offers fresh catch of the day as well as a wide selection of organic and prime cut meats, salads, sandwiches and Asian dishes from an open kitchen pavilion. Teak tables and chairs are set in the sand facing the sea.

- Outdoor seating: 40

## LOUNGES

### *Five Degrees North*

The Resort's casual bar is named for the island's location, which lies five degrees north of the equator. Its nautically inspired décor features a *dhoni* (traditional boat) as the counter, with a library, pool table and selection of board games for entertainment. The bar also has an extensive drinks selection.

- Indoor seating: 56

- Outdoor seating: 24

*Blu Bar*

In the casual sand-floor setting of Blu Bar, enjoy exotic juices, tropical cocktails or a refreshing young coconut. As the sun sets, an aperitif or glass of sparkling Prosecco is the perfect prelude to an Italian dinner next door at Blu.

- Outdoor seating: 40

*Poolside Bar*

Enjoy panoramic views of the Indian Ocean from the Poolside Bar. Wine, cocktails and refreshing tropical drinks are served throughout the day, as well as salads and light fare.

- Indoor seating: 46

## RECREATION FACILITIES

Enjoy mindful recreation in a setting of pristine tropical beauty. The Resort offers a holistic approach to spa and wellness inspired by earth and water – and by the time-tested principles of ayurveda and yoga – a blue lagoon and ocean playground in every direction, and a host of ways to explore it. A tempting ribbon of sand beckons guests to take a leisurely stroll, while pools offer a setting for chic relaxation. Guests also enjoy comprehensive facilities at the health club and a tennis court lit for night play.

## SPA SERVICES

Deep in the midst of Landaa Giraavaru, the Spa and Ayurvedic Retreat pulsates with life and wisdom, purity and health. With a strong emphasis on natural healing, the 1-hectare (2.5-acre) complex draws its strength from the surrounding landscape, the integrity of ila's Beyond Organic products, and the intrinsic spirituality of its therapists and ayurvedic physicians. The Spa's 10 vast open-air treatment pavilions – including three dedicated to ayurveda – are nestled in their own lush tropical gardens or on stilts over the turquoise lagoon. Welcome to the healing heart of Landaa Giraavaru.

## FITNESS FACILITIES

The Health Club at Landaa Giraavaru is a unique mind-and-body experience designed to provide physical challenges and mental relaxation. Maintain your regimen in a state-of-the-art fitness facility featuring floor-to-ceiling windows, full-length mirrors, surround-sound audio system and advanced cardio fitness equipment with individual flat screen televisions. The rustic Maldivian charm of the setting magically stimulates and helps you unwind, resulting in an ultimate wellness experience.

## POOL

Whether you plan to swim morning laps, cool off with a quick afternoon dip or splash around with the kids, the Resort offers something for everyone in its four separate swimming pools. The 50-metre (164-foot) infinity pool, the only Olympic-size pool in the Maldives, cantilevers over the lagoon, while the 20-metre (66-foot) seawater pool "floats" nearby. The Blu pool is the perfect spot to share views of a romantic sunset, and the shallow, free-form children's pool, located within the Kids' Club area, will help keep children entertained for hours.

Complimentary pool service includes chilled scented towels, iced water, Evian spritzes and frozen fruit.

## TENNIS

Take a break from aquatic activities to practise your tennis skills or take lessons from our on-site tennis pro. The Resort's outdoor tennis court is lit for night play, and complimentary tennis racquets and balls are available.

Landaa Giraavaru lies in the remote Baa Atoll, home to some of the Maldives' most fascinating marine life. Swim with turtles, rays and juvenile lemon sharks or learn to kitesurf in the pristine 2-kilometre (1.2-mile) lagoon. Participate in thriving manta ray, fish breeding and coral propagation projects in the Marine Discovery Centre. Or snorkel with manta rays and whale sharks during their seasonal migration at nearby Hanifaru Bay.

Fun family activities include SEABOB rides, wakeboarding, banana boating, kayaking, dolphin cruises, sunset fishing and private island excursions, as well as diving

programmes for guests aged eight and over.

#### WATER SPORTS

##### *Water Sports Centre*

Located at the western end of the island on Blu Beach, the Water Sports Centre is open daily from 8:00 am to 7:00 pm. Complimentary snorkels, masks, fins and non-motorised water-sports equipment – such as sailboats, kayaks, catamarans and state-of-the-art windsurfing gear – are available.

##### *Introduction to catamaran sailing*

Sail across the turquoise waters of the Resort's lagoon while being introduced to the art of handling a catamaran's lines and tiller.

##### *Kayak adventure*

Join our recreation team to explore the crystal-clear waters of the Resort's lagoon by kayak, and enjoy an up-close and personal look at the surrounding area and its inhabitants.

#### SNORKELLING

##### *Introduction to snorkelling*

Learn how to snorkel with our resident marine biologist and discover the best techniques to find amazing marine life under the surface of the sea. This session is highly recommended for guests who do not have prior snorkelling experience.

#### LEISURE ACTIVITIES

##### *Maldives cruise*

Our traditional *dhoni* takes you across the atoll on a half-day snorkelling and picnic excursion. Enjoy the beauty of a strip of white beach in the middle of the ocean, snorkel the turquoise waters amongst brilliantly coloured fish and coral or simply relax in the shade of your tent while we prepare a picnic.

##### *High-life cruise*

Set sail on our yacht, the *Landaa Summer*, as we cruise into the sunset, and enjoy champagne and canapés as you soak in the sea breeze. With luck, you may even get a glimpse of playful spinner dolphins.

##### *Romantic sunset cruise*

Set sail on a traditional *dhoni* and drift lazily across the lagoon of Landaa Giraavaru. Sip champagne and enjoy canapés while you bask in a magnificent sunset with your loved one.

##### *Overnight cruise – sleeping out*

Just before sunset, drift away on one of our sleek private yachts. Enjoy dinner on the way and let your personal chef and butler wine and dine you into the night. After a good night's sleep on board and a hearty breakfast the next morning, spend some time on a secluded beach before returning to the Resort.

##### *Sunset fishing*

A line and some bait are all you need to enjoy the sunset fishing experience. Catch one if you can, and our chef will be delighted to prepare it to your liking. The excursion takes

about two hours by *dhoni*.

*Beach volleyball*

Join fellow guests for an exciting game of beach volleyball, with a fun mystery prize for the winning team.

*Boot camp*

Our fitness instructors lead jogging sessions on the beach combined with additional exercises to get you on the move and feeling great.

*Jogging*

A leisurely jog around the island at dawn or dusk is one of the best ways to enjoy the refreshing island air and keep fit. Jogging maps are available to help you plan your route.

## INCENTIVE ACTIVITIES

### Sample itinerary

Four Seasons is pleased to help customise an itinerary for your group or party. Plan exclusive corporate retreats in an idyllic land-and-sea paradise. Embrace enlightenment with ayurveda and yoga, or explore the jewelled Maldivian waters through the atoll's own PADI dive centre. The magic of the Maldives promises to make your stay unforgettable. We invite you to discuss your needs with us.

---

#### Day 1

##### Arrival at the Resort

Upon arrival at Malé International Airport, our representative will greet you and escort you on a short transfer by car to the Four Seasons Lounge at the seaplane terminal. After a scenic 30-minute flight, you will arrive on Landaa Giraavaru in the Baa Atoll, where a five-minute speedboat ride will take you to the Resort.

After checking in to your villa or bungalow, spend the rest of the morning at leisure, exploring the island.

##### Afternoon

Embark on a two-hour guided snorkelling excursion that includes a presentation on marine life. Cruise by *dhoni* (native Maldivian wooden boat) to a vibrant coral reef and explore the underwater world with the Resort's marine biologist.

##### Evening

Choose from:

- Pre-dinner drinks at Blu Bar, followed by a dinner of contemporary Italian cuisine at Blu. The maximum seating capacity for groups is 20.
  - A private barbecue dinner on the sandbank.\*
- 

#### Day 2

##### Morning

- Enjoy a delicious breakfast at Café Landaa.
- Spend time with our ayurvedic physician at the Spa's Vedic Wisdom Centre, where he will discuss the holistic approach of ayurveda and provide valuable tips on managing in the modern world. Topics covered during the one-hour session include the history of ayurveda, mind and body analysis, ayurveda and food, meditation and yoga tips.

##### Afternoon

- Enjoy lunch at Café Landaa. The maximum seating capacity for groups is 40.
- Enjoy a treatment at the Spa and Ayurvedic Retreat, which promotes a holistic approach to physical, spiritual and mental well-being, with a special emphasis on yoga and ayurveda. Secluded open-air treatment areas make the lush tropical setting an integral part of the relaxation and treatment process.

##### Evening

Have dinner at Al Barakat Arabian restaurant and bar, which offers Lebanese mezze, grill items and Moroccan specialties under the stars. The maximum seating capacity for groups is 20.

---

Day 3

Morning

- Join a one-hour yoga session featuring sun salutations and other *asanas* (body positions). Our resident yogi will lead you through his active lesson, designed to suit all levels and guaranteed to fill your day with energy. Beginners are welcome.
- Enjoy a delicious breakfast at Café Landaa.
- Experience our dolphin talk and dolphin-watching cruise.\* The waters nearby are frequented by spinner dolphins. Our marine biologist will share some insight into this fascinating animal, while you enjoy light refreshments and watch them spin around the boat.

Afternoon

After lunch at the Resort, relax around the pool, sunbathe on the beach or enjoy an active afternoon of water sports.

Evening

- Join us to see the fish in the lagoon snap up a tasty treat under the careful guidance of our trained staff.
  - Enjoy dinner at Café Landaa or in the privacy of your villa or bungalow.
- 

Day 4

Morning

- Enjoy a delicious breakfast at Café Landaa.
- Take an hour-long walk along the beach with our resident marine biologist and learn about the origin of the islands that make up the Maldives.

Afternoon

Visit the island of Kudarikilu and glimpse life in the Maldives. Visit a house filled with historical artefacts and a mosque that is over 100 years old. The transfer to the island takes about an hour by *dhoni*, and the excursion takes three and a half hours.

Evening

Choose from:

- A sunset fishing cruise while our chef waits to prepare your catch to your liking.\*
  - A private beach-digging dinner with your group.\*
- 

Day 5

Morning

- Enjoy a delicious breakfast at Café Landaa.
- Experience our private island escape.\* Our boat will take you to an uninhabited island, where you can snorkel in pristine lagoons, play soccer on the beach or enjoy a picnic or barbecue.

Afternoon

Take a beginners' scuba diving course or join a diving excursion. The bountiful marine life of the Maldives is mesmerising, even for experienced divers. And for beginners, there is simply no better place to learn. The dive centre at Four Seasons Resort Maldives at Landaa Giraavaru offers divers of all levels fun and easy ways to learn or to improve on the skills required to enjoy this exhilarating sport.

#### Evening

Enjoy dinner at leisure. As your stay draws to a close, be reminded that seaplane schedules are confirmed one day in advance.

---

#### Day 6

##### Morning

- Enjoy a delicious breakfast at Café Landaa.
- Spend the morning at leisure before you depart the Resort via speedboat.
- If you are on a daytime flight, a 30-minute seaplane transfer will take you to Malé Airport.
- If you are on an evening flight, a 30-minute seaplane transfer will take you to Four Seasons Resort Maldives at Kuda Huraa, where you can use the changing and shower facilities to freshen up. Following dinner at leisure, you will depart for Malé Airport by speedboat.

\*These activities are recommended for groups on an exclusive basis and are subject to group size and availability.

---

SITE PLAN



Rooms	Dimensions		Size		Height		Classroom	Hollow square	U-shape	Theatre	Reception	Banquet rounds	Conference/ boardroom
	(m)	(ft)	(m <sup>2</sup> )	(sq ft)	(m)	(ft)							
- Jalsaa	9.8 x 9.8	32.1 x 32.1	96	1,030	2.6 – 6	8.5 – 20	40	23	20	70	80	-	30
- The Library	10 x 15	32.8 x 49.2	150	1,615	6.3 - 8	20.7 - 26.25	15	15	15	15	15	-	15
- Haruge	7.8 x 19.8	25.6 x 65	154	1,658	2.6 – 6	8.5 – 20	40	44	40	110	150	-	40